



The **quality of water** in swimming pools does not only depend on **chemicals**.

**YOU HAVE A ROLE TO PLAY, TOO!**

Before entering the pool, take a **soapy shower** lasting at least **one minute** then **rinse thoroughly**. This will cleanse your skin of bacteria and organic matter found in sweat and body secretions.



Follow the adventures of Rafale at [environnement.gouv.qc.ca/jeunesse](http://environnement.gouv.qc.ca/jeunesse)